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Friday, April 4, 2025

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Athens, Tennessee

#### UT Extension-McMinn Offers Free Health & Wellness Programs in April



The UT Extension-McMinn is offering two free community programs this April to promote physical and mental well-being.

The Arthritis Exercise Program runs from April 7th to April 23rd, meeting Mondays and Wednesdays from 10:00 AM to 11:00 AM at First Baptist Church, 305 Ingleside Ave., Ath-

**ens.** This specialized program, developed by the Arthritis Foundation, is designed for individuals with arthritis, focusing on safe and effective exercises that accommodate pain, fatigue, and mobility challenges. Participants will also learn proper body mechanics and joint protection techniques.

Immediately following, the WITS Workout: An Interactive Brain Health Program will take place from 11:00 AM to noon at the same location. This engaging and educational class helps improve memory, focus, and cognitive function through fun brain activities. Participants will also learn about the importance of quality sleep, a healthy diet, exercise, and social connections for brain health.

Both programs are free, but registration is required. To sign up, call 423-745-2852.

Source: Sarah Kite, UT Extension - McMinn



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# Never Miss an Update!



Friday, April 4, 2025

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Athens, Tennessee

#### **Cleveland State Offers Accelerated Phlebotomy Technician Course in May**



Cleveland State Community College's Workforce Development Department will offer an accelerated Phlebotomy Technician class from May 5-22, meeting Mondays through Thursdays from 4 to 8 p.m. This 48-hour program trains students in venipuncture techniques for medical testing, donation, and other healthcare applications.

Upon completion, students will take the National Healthcareer Association (NHA) Phlebotomy Technician Certification (CPT) exam and may receive course credit toward healthcare degree programs at Cleveland State. Eligible students can apply for Workforce Innovation and Opportunity Act (WIOA) federal funding and other grants.

The Workforce Development Department will also offer Certified Nurse Assistant (CNA) classes in the fall, allowing students to earn credit toward Medical Assisting and Medical Office degree programs. Students in these programs may qualify for Tennessee Reconnect, a last-dollar scholarship covering tuition for adults 23 and older without a prior degree.

To register for the Phlebotomy Technician class, visit <u>mycs.cc/phlebotomy</u>. For more information, contact Chelsea Falana at (423) 614-8742 or cfalana@clevelandstatecc.edu.

Source: Andrea Byerly, Public and Media Relations Manager, Cleveland State Community College







#### Are you looking for a church home in Athens?

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**Learn More**: zionopc.org

Meeting at 205 McMinn Ave

Friday, April 4, 2025

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Athens, Tennessee

### **Church News & Events**

- Zion Hill Baptist Church (269 County Road 516, Englewood) announces the next Men's Prayer Breakfast on THIS SATURDAY, April 5 at the TWU Cafeteria in Athens. The Speaker will be Dr. Jeff Laborg from Fairview Knox Church and will include testimonies from Miracle Lake. Breakfast will begin at 8:00 am with the service immediately following at 9:45 am. See their ad on Page 4 for more info. Please Register Online at: zhbc.com/breakfast
- SRBC Kids presents: Kingdom Seekers on Sunday Nights at 5:30 pm at Solid Rock Baptist Church (4975 Hwy. 11, Calhoun) This event combines, God, music, games and fun into a very special all ages affair.
- <u>Planted In Christ Outreach Fellowship</u> (317 Maple Street, Athens) holds Outreach Deliverance Classes every Thursday at 7:00 pm.
- <u>Celebrate Recovery</u> meets every <u>Tuesday</u> at 6:00 pm at Woodward Ave. Church of God (507 Woodward Ave., Athens). They also meet every <u>Thursday</u> at 6:00 pm at Watts Bar Community Church (1517 TN-68, Decatur)
- New Life Church hosts weekly Prayer Meetings every Wednesday night beginning at 7:00 pm. The church is located at 204 Fisher St. in Athens. All are welcome.

- Solid Rock Baptist Church will hold their 5th Annual Easter Drive
   -Thru on Friday, April 4 & Saturday, April 5 from 6:00pm 8:00pm.
   Solid Rock Baptist Church is located at 4975 Hwy 11 in Calhoun.
- North Englewood Missionary Baptist Church invites you to join them for an Easter Egg Hunt on Saturday, April 19. The egg hunt begins at 1:00 pm with Pizza and Snacks to follow. Their Family and Friends Day is set for Sunday, April 27. Morning Worship is at 11am and lunch is to follow the service. The church is located at 21 Pin St., Englewood.
- First United Presbyterian Church will host The Rev. Dr. Wendy Neff - General Presbyter of the Presbytery of East Tennessee this Sunday, April 6 at 10:00 am along with a Communion service. Everyone is welcome!
- Watts Bar Community Church will host their monthly Man
  Up Prayer Breakfast this Saturday, April 5. Breakfast begins
  at 9:00am.
- New Zion Baptist Church is hosting a Harvest Jubilee Tent Revival April 7 –11. Come early at 5:30 pm and enjoy a meal. Prayer begins at 6:45 pm with the service starting at 7 pm. The Church is located at 393 Co. Rd. 616. Info: 423-829-6464.









Friday, April 4, 2025 Page 4 Athens, Tennessee

## Cherokee Beef Clinic Set for April 5th in McMinn County

The UT Extension McMinn County, in collaboration with 4-H and FFA, is hosting the Cherokee Beef Clinic on **Saturday, April 5** at the **McMinn County Show Barn**. This multi-county event is designed to provide young livestock exhibitors with hands-on learning opportunities and valuable certification.

The day will begin with weigh-ins from 8:00 to 9:00 AM, followed by a clinic from 9:30 to 11:00 AM. A Skill-a-thon will take place from 11:00 AM to 12:30 PM. The event will also be host to a show at 12:00 PM.

All participants will receive **TYQA** certification, which is an important qualification for young beef exhibitors. Attendance at the clinic is mandatory for those participating in the show.

For more information, contact Brooke Cass at 423-745-2852 or bcass@utk.edu.

## US President fires second TVA board member, leaves TVA future uncertain

President Trump has directed the removal of Tennessee Valley Authority (TVA) Board Chair Joe Ritch, marking the second firing of a board member in recent days. His dismissal follows that of board member Michelle Moore, leaving TVA with fewer than the five members required to establish a quorum.

Without a quorum, TVA can continue existing operations but cannot approve new programs, change direction, or make major decisions. This comes amid broader leadership changes, including a new Chief Financial Officer (CFO) and Chief Executive Officer (CEO), along with three nuclear units offline, which account for about 42% of TVA's nuclear fleet.

Stephen Smith, executive director of the Southern Alliance for Clean Energy (SACE), warns that TVA's lack of leadership could impact power quality and future energy planning. If the board remains incomplete, new energy generation projects could be delayed or canceled, and TVA's integrated resource plan, a key long-term energy strategy, may not move forward as planned in May.

In the long term, this uncertainty could lead to higher costs or power reliability concerns, though immediate impacts remain unclear. **Source: WATE 6 News** 





Friday, April 4, 2025

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Athens, Tennessee

## **McMinn County Arrest Reports**

Paul Plischinsky, 61 of Athens, was arrested by Dwane Tiller, 20 of Atlanta, GA, was arrested by Arrest. Total Bond: \$1,000.

and Financial Responsibility. Total Bond: \$5,000.

**Jimmy Seymour**, 32 of Athens, was arrested by the Athens PD for Failure to Appear. Total Bond: \$6,000.

Matthew Knox, 36 of Sweetwater, was arrested by the MCSO for Failure to Appear and State Violation of Probation. No Bond.

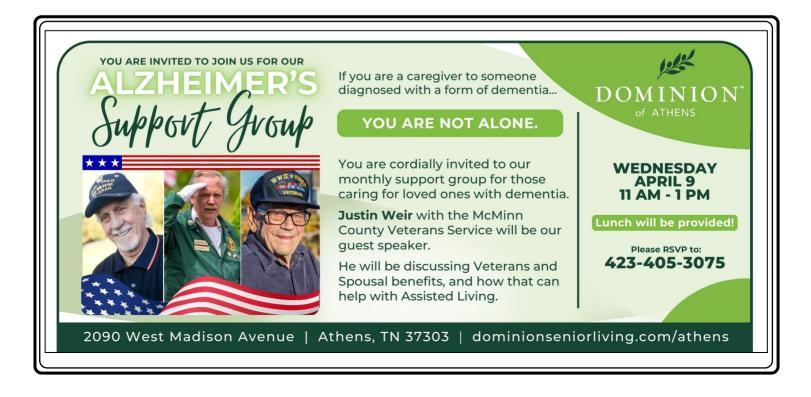
Mikey Jones, 31 of Etowah, was arrested by the MCSO for Theft of Property. Total Bond: \$1,000.

the MCSO for Hindering a 911 call and Resisting the MCSO for Failure to Appear and Unlawful Drug Paraphernalia. No Bond.

Jackhory Dortch, 22 of Athens, was arrested by Charles Blackmon, 35 of Englewood, was arthe Athens PD for Identity Theft (Hamilton Co.) rested by the Athens PD for Public Intoxication, Disorderly Conduct, and Attempted Automobile burglary. No Bond.

> **Dysheek Ferguson**, 31 of Athens, was arrested by the MCSO for Theft of a Motor Vehicle. Total Bond: \$2,000.

Those accused are considered innocent until proven guilty in a court of law. Information gathered using public sources.





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Friday, April 4, 2025

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Athens, Tennessee

## **Obituaries**

With deep sadness, the family announces the unexpected passing of **Robert S. Cobb** on March 28. Known as the "Mayor of Parkstown" and a cherished member of the "Porch Crew," Robert will be remembered for his quick wit, impromptu fish fries, and love of visiting with friends. He found joy in building forts and coloring with his greatgrandchildren. A man of faith, he served as a deacon and was a proud retiree of Bowaters.

Continued at right

#### McMinn County Hosts Annual Rabies Clinic to Keep Pets Safe

McMinn County pet owners will have an opportunity to protect their furry friends during the 2025 McMinn County Rabies Clinic, running from Monday, May 5, through Saturday, May 10. During this time, rabies vaccinations will be available at a reduced cost of \$12.00 at paroffices across the ticipating veterinary Pet owners can visit several clinics, including The Animal Clinic, Athens Small Animal Hospital, Family & Friend Pet Clinic, McMinn Regional Humane Society Spay & Neuter Clinic (for spayed/neutered pets only), Mecca Pike Animal Hospital, Offutt Veterinary Service, and Sweetwater Veterinary Hospital. Appointments should be scheduled in contacting the veterinary offices advance by Rabies vaccinations are required by state law for all dogs and cats. Pets should receive their first rabies shot between three and six months of age. The McMinn County Health Department urges residents to take advantage of this annual clinic to ensure their pets remain protected. For more information, call the McMinn Co. Health Dept. at 745-7431 or 423-618-3189. Source: Melissa Wolford, McMinn Co. Health Dept.

## **Obituaries**

While we mourn his passing, we also celebrate his life. Services will be held at M.D. Dotson & Sons Funeral Home in Athens, with visitation on Friday from 2:00 PM to 6:00 PM and again on Saturday from 12:00 PM to 1:00 PM. The funeral service will follow at 1:00 PM. Interment will follow the service on Saturday at Hammonds Cemetery, Athens, TN. Services of loving memory entrusted to M.D. Dotson and Sons Funeral Home – Athens, TN.

Carolyn Wilson, 83, of Riceville, TN went home to be with the Lord, April 2. A lifelong resident of McMinn County, she worked as a talented florist at Grace Peek doing what she loved. She was a member of Eastanallee Baptist Church, where she served as a Sunday School teacher and showcased her amazing talent with her beautiful flower arrangements. She was a loving wife, mother, grandmother and friend who will be dearly missed. Funeral service will be Saturday, April 5, 2025 at 2:00 PM at Eastanallee Baptist Church. The family will receive irends from 12:00 PM-2:00 PM prior to the service at the church. A graveside service will immediately follow the service at Eastanallee Cemetery. Laycock Hobbs Funeral Home, Athens, TN in charge of arrangements.

**Hugh Franklin McClary "Punk"** 89, of Etowah, passed away on Tuesday, April 1st. He retired from Bowater after 38 years. His passions were hunting, fishing, and cooking, gardening and his hunting dogs. He and his trusty companion (Hank), would take two rides a day through the country. Two or three times a week, down to his sister, Marcia Ann's "AKA" Marc Ann to visit. They talked daily and had a special bond. He hurt when he lost her, but was broken when he lost his son Robbie. Until we all meet again, we will remember and cherish all of the good times. A graveside service will be held at 11:00 a.m., Saturday, April 5 in Green Hill Cemetery. Bordwine Funeral Home of Etowah is in charge of arrangements.



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